

Green and White Rag – November 2016

Memberships Renewals:

Your current membership (including insurance) has expired. To ensure you are adequately insured – particularly if you have started training – renew your membership and pay your membership fee as soon as possible using your Members Portal account. Memberships are now overdue as they were due by the 31st October.

Please visit the Membership Information page on our website for prices, information, guidelines and links to the online membership request and payment process.

Member Requirements:

- Renew your membership details for season 2016/17. This includes making any changes to your contact details;
- Pay your 2016/17 membership fee;
- Proof of your Working With Children Check assessment status. If over 18 and involved in any junior programs (including ALL Nipper parents) or patrols, ensure your Working With Children Check is up to date. If you hold a WWCC for another organisation you will need to change your details to add Life Saving Victoria and Anglesea SLSC to your list of registered organisations.

Please note that a Family Subscription is not a membership category, but a payment type. Every member must have an individual membership (e.g. Associate, Active Senior, Active Junior, Junior Activities Member, etc.). If you are renewing your family, you must make sure you renew each member individually. You can do this easily if you create a Family Group in your Members Portal. If you wish to add a new child to your Family Group, you must complete a membership application and notify the Club Office first.

All memberships will remain pending until ALL membership requirements have been met.

Nipper Program – Please note that simply renewing and paying your membership fee does not automatically enrol you into the 2016/17 Nipper Program. You will need to complete the Online Nipper Program Registration Form. ALL membership requirements MUST be met BEFORE you can register. A confirmation email will be sent out each Monday.

The Online Nipper Program Registration Form can be found on the Nippers page on the Clubs website.

If you require further assistance after reading the information on the website, please contact the Club Office during Office Hours – Monday, Wednesday & Friday between 10am & 4pm (except Public Holidays).

We need YOU!: Communication Specialists (PR, Social Media, Copy Writers, Students, Journalists) we need YOU! To improve the effectiveness of ASLSC communication in this multi-channelled and time poor world we are recruiting a Communication Manager (pro bono). Position description and details available from Chris Foley on 0451 514 803 or chris.foley0@gmail.com

Thank you: In September, after over 10 years on the Board & Committee, Tim Mason resigned from his position of Director of Member Development. Over this period Tim has held numerous positions including Big Nipper, Director of Youth Development and Director of Member Development. Tim has been extremely innovative in his approach to each of his roles and have invested significant time and energy in his years on the Board. We would like to thank Tim for his service and contribution over the years and wish him well for the future.

New Procedure for Patrol Sign-up

This season we are going electronic.

Dear All Patrol Members,

For the new 2016/2017 season our patrol sign-up will be going electronic. The new club website will replace the sign-up book that was kept in the lower club house. You can find the sign-up page located on at <http://www.angleseaslc.org.au/lifesaving>

If you are a patrolling member you will receive a password via email in the coming weeks. Please ensure your email address is correct when completing your membership to ensure you receive these important emails.

The system will allow you to sign up to any patrols this season, will send you reminder emails and will allow you to sign up yourself from any device at any time. Please only sign up for yourself as places are still limited to 20 additional members each patrol this season.

Thank you,

David Simpson - Director of Rescue Services

News and Updates

Timetable A copy of the club timetable is available on the club website. Note that things do change so keep checking for updates.

Skills Maintenance (Re-qual) Dates – Below are the Skills Maintenance dates for this season at Anglesea. Remember that you need to book in and complete your respective theory assessment via LSV from Anywhere (<https://www.lsv-from-anywhere.com.au/>). Please ensure that you bring a printed copy of your certificate of completion for each theory paper. IRB drivers are reminded to bring a copy of their Marine Licence with them.

Dates are:

- Saturday 26th November, 2pm.
- Monday 26th December, 9.30am.
- Friday 30th December, 10.00am.
- Monday 2nd January, 10.00am.

Remember that you need to be a current financial member prior to completing your skills maintenance. Other club dates are available on the club timetable on our website (www.angleseaslc.org.au). Any queries please contact the Club Office on 5263 1107 or info@angleseaslc.org.au

2016 Burson Rock2Ramp – Entries are now open for the 2016 Burson Rock2Ramp Ocean Swim. This years' swim is on Wednesday 28th December at Point Roadknight. The Rock2Ramp Ocean Swim consists of three events:

- 1.2km Swim
- 2.5km Swim
- 300m Kid's Dash

For more information and to register go to www.rock2ramp.com.au

Development Week – Registrations for the 2016 Development week are now open. If you are interested in attending either the Bronze or Silver camps, please refer to the club website or register through www.bronzecamp.com.au

Anglesea Surf Rescue (ASR) – Anglesea Surf Rescue is our most loyal and dedicated patrolling members in our club. It is designed to ensure at all times during the volunteer patrol season, ensuring all awards are covered and LSV and SLISA minimum requirements are always met.

ASR is made up of 8 teams of dedicated lifesavers who are rostered throughout the season for an average of 40 hours each. Thank you to each of our Patrol Captains for taking on this important leadership role in our Club:

ASR 1 – Lachie Appleby

ASR 2 – Seb Top

ASR 3 – Rosie Anderson

ASR 4 – Tom Cullen & Elise Langford

ASR 5 – Adam McWha

ASR 6 – Ash Smith & Nick Tait

ASR 7 – Courtney Higlett

ASR 8 – Erik Kroy

Thank you also to Jack Fry who is our new Patrol Coordinator and Lloyd Simpson who will again look after the First Aid equipment and resources.

Starfish Nippers – Our Starfish Nipper program is an extremely valuable part of the Anglesea Surf Life Saving Club. We have again reached capacity for enrolments in the Starfish (special needs) program. We will be welcoming some new participants to the program this year and have purchased some new Starfish boards to cater for the increase in numbers.

Starfish Trainers – As we have new participants in the Starfish program we are searching for new trainers. Trainers must be members of the club and must hold a Working With Children Check card, however they don't need to hold a Bronze Medallion qualification. Trainers need to have good communication skills, be available for each Nipper session and be very patient. If you are keen to volunteer for this extremely rewarding role please contact Janet Jone on 0408 944 424. Janet would also appreciate hearing from all existing trainers and helpers to ensure we are adequately resourced.

Starfish Roo Run – The Anglesea Motor Yacht Club has created a new initiative this year adding a Starfish category to their Roo Run. The event will be 1.6km and will be held early evening on Tuesday 27th December. Starfish Nippers, their trainers and families are encouraged to jog or walk the fun event. Entries are not open yet but we encourage Starfish and their families to start training in preparation for the event.

Helpers Needed: The 2016 Rock2Ramp is on Wednesday 28th December at Point Roadknight. We need helpers for set up (from 7am), water safety (9am-1pm) & pack up (from 1pm). If you are a current patrolling member, please come ready in a wetsuit and hat as we need you for water safety. Any queries please contact rock2ramp@gmail.com

Notes from the October Directors Meeting:

The following are the key highlights from the meeting held on 19th October 2016:

GENERAL:

- The Club has been successful in receiving a grant for Bollard lighting for the upper car park.
- A report was provided about the recent Governance Advisory sub-committee which met on the 13th October. A set of Governance Principles for the club were developed and agreed to by the Board.

STRATEGIC ITEMS:

- A proposal on future Development Week Candidate Selection Criteria was presented, discussed and agreed to. This will be communicated to members in the coming month.
- The club received a letter of support from the Great Ocean Road Coastal Committee for the Building Redevelopment.
- A draft policy to improve the standard of IRB Driver training in the club was discussed. The focus is on increased in-water training and with the final assessment not to occur until minimum in-water training hours are completed. The Policy was accepted and will be implemented.
- A report was provided about the Risk Workshop on the 9th October that the Directors participated in. The format of the key items and action integration with other Board and Club action lists is being finalised for further consideration.

G&W Rag Editor: We are looking for a new Green & White Rag editor. The Rag is sent out generally on a monthly basis and would involve calling for and collating contributions from various club office bearers. The Rag is then emailed out to all members by the Club Office. If you can help please contact Tom on tom.cullen1182@gmail.com or 0438 054 455.

CAPTAIN MOONLITE UPDATE

Thursday: 5pm-10pm; **Friday- Sunday:** 8am-10pm; **Monday:** 8am-4pm

These hours will remain until we extend to full time over the Summer School Holidays.

NEWS

3AW Review: Captain Moonlite was featured on Ross & John's breakfast show with ela carte on Friday 28th October. It was a glowing review for us and they gave the Club a wonderful wrap. Already we have had a great reaction with reservation requests right through until December and January!

WHAT'S ON

Thursdays: Locals & Members night. 25% off for all Anglesea residents & current ASLSC members*

Fridays: Happy Two Hours 5-7pm** \$3.50 POTS, \$5 STUBBIES, \$6 WINE

Sundays: BYO Night \$5 per bottle

Bookings recommended via hello@captainmoonlite.com.au or phone 03 5263 2454 (Thursday-Monday only)

Gemma & Matt; www.captainmoonlite.com.au

*CONDITIONS APPLY

**SELECTED DRINKS ONLY

**MINDFULNESS
FOR SPORT &
PERFORMANCE**

**FREE SESSION
FOR ANGLESEA &
MENTONE MEMBERS**

ALL AGES

**SATURDAY 26th
November.
1pm to 2:30pm**

Mentone Lifesaving Club

Learn how mindfulness can help you achieve your goals.
Be more focused and alert!

Learn how to meditate and relax for enhanced recovery.
Reduce unhelpful self-talk and internal dialogue.
Sleep better.

Manage and regulate your emotions.
Reduce stress and reactivity.
Be more self-aware and resilient.

Learn how to be more present and mindful in your life.

No payment required. Bookings essential.
Register your interest today before 19th November.

Sally Cumming
0401358309
sally.cumming@engagehealth.com.au

ENGAGE HEALTH

Anglesea SLSC – Fundraising Activities

The diversified income streams continue to improve the return the ASLSC receives have now generated some \$7k over the 2016 calendar year and the position with the Bendigo Bank continues to grow with an additional account added. The arrangement we have in place include:

- Great Ocean Properties
- Bendigo Bank, Anglesea
- Mantra Hotels and Resorts

Great Ocean Properties in Anglesea provides the ASLSC a commission for every member's house sold by one of our members through their office with the vendor still receiving great service and competitive rates.

A second member has just had a successful sale through Great Ocean Properties which with cheques for both sales in the process of being processed...More to come in the next edition of the G&W Rag.

If you are thinking of selling your property, please call Ian Lawless on 0409 258 792 or via ian@greatoceanproperties.com.au

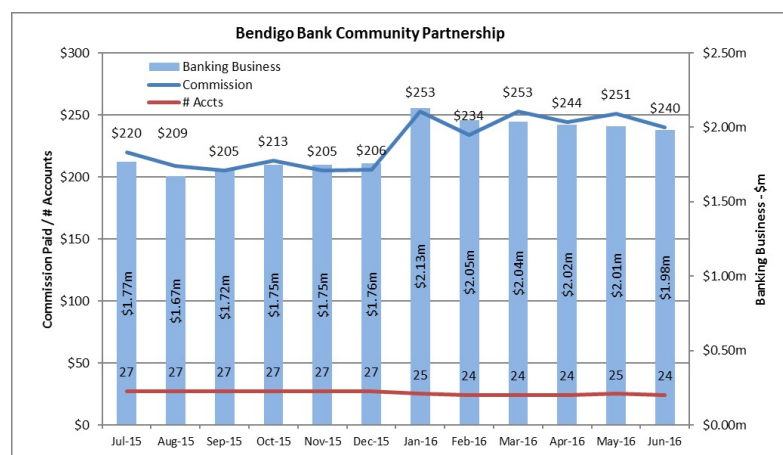


Anglesea & District Community Bank[®] Branch **Bendigo Bank**



The **Bendigo Bank, Anglesea** is the clubs banking partner and offers a commission which is paid quarterly, based on the level of savings and loans "tagged" to the club and can be done with existing or new accounts or loans.

Please contact the Shane Madden on (03) 5263 3906 if you would like to tag your existing account or loan to the club or perhaps discuss setting up new accounts or loans.



Mantra Hotels and Resorts, has been a long-term supporter of the Rock2Ramp Ocean Swim and it offers the Anglesea SLSC a commission for every booking made.

Anyone wishing to book accommodation at one of Mantra's many locations, including their Peppers or Breakfree brands just click-on the image below which will automatically tag your transaction as an Anglesea SLSC lead.

Anyone can book accommodation through this relationship so please share this information to family and friends and as long as accommodation bookings are made by clicking the image below or via the link on the homepage of our website the club will receive commission for the sale.



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*L.R. Cazaly
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Anglesea Shopping Village

Sponsorship Inquiries : Jim Geary 0409 594 254