



# green & white

ANGLESEA SURF LIFE SAVING CLUB BROADSHEET ISSUE NO. 11 JUNE 2020



## FROM THE PRESIDENT

Welcome to another edition of the Broadsheet. Since our last edition the world has changed significantly as a result of COVID-19. My thoughts

are with our club community during these unprecedented times and I hope everyone is remaining safe. The health and safety of our members, staff and our community continues to be the clubs' top priority. Whilst the pandemic has impacted the club mostly in our off-peak period we are not immune from the impacts. The Board has taken the decision to postpone the 19/20 Annual General Meeting and Annual Golf Day fundraiser. It is challenging to plan ahead for the season, as we don't yet know what restrictions will be in place and how these will impact our activities and operations. Like the rest of the community we hope that the restrictions ease, however we must not be complacent and we must continue to follow direction from the Victorian Chief Health Officer.

We are getting close to completing our building redevelopment and a big thank you to PDS Group for your tireless work behind the scenes managing the project on behalf of the club, pro-bono. I would also like to acknowledge our other pro-bono partners who have assisted with this project; Michael Carr Architects, BSGM (Building Surveyors) and Maddocks lawyers. As we prepare for the building to be handed over to the club in the coming months, we will be putting a call out to all members to assist with bringing equipment back to the club and cleaning up the surrounds. Your assistance at this time will be critical. More information soon.

With the assistance of the Geelong Consulting Group following extensive consultation and research we have produced a new Strategic Plan which was endorsed by the Board in April. As per the strategic plan our purpose as a club is: To save lives and keep people safe on the beach.

It is important that our community know and live our core values which are:

- **Service** – We give as much of ourselves to the Club as we take from it.
- **Participation** – We get involved, help out, and have a go – valuing opportunities for personal and team development as much as winning medals.
- **Inclusion** – We are proactive getting people involved – demonstrating diversity, equity and inclusion make our community richer in its depth and breadth of capabilities and opportunities.

To view the summary or full Strategic Plan please visit our <https://www.angleseaslsclsc.org.au/strategy-governance>

TOM CULLEN PRESIDENT



## BUILDING UPDATE

After the slow down mentioned in the last G&W progress has really picked up over the past few weeks and the building, at the time of writing, is almost waterproof with most windows installed and attention turning to internal tasks such as plastering, painting and tiling. The old Ray Marsh Room kitchen has long gone as have the toilets there and the new kitchen is taking shape. The lift is now installed and waiting commissioning and a lot of minor works that are not obvious have been completed.

FourSquare are predicting finishing on schedule mid-September although weather and Covid-19 might have an impact on that.

There will be a visual clash between the new and the old when the building is finished but we are looking at some short-term improvements to the existing building to reduce that. This is likely to include painting inside and out and new floor covering in the Ray Marsh Room. At this time we are cautious about over-capitalising on the existing building pending development of a master

plan that will lead to better integrated use of both buildings.

You can keep abreast of progress by hooking into the time-lapse camera that updates several times each day.

Go to <https://www.littlesnitch.io/209j1005/>

As we have said before, additional funding is required to cover the cost of a number of contract variations and the cost of fit-out so if you have already contributed we would ask that you encourage your friends at Anglesea to support the rebuild to help us bridge the fundraising gap. If not, the most valuable thing you can do is contribute or pledge funds toward the new Operations & Training Centre. Please contact Ingilby Dickson, Chair of our Fundraising program at [ingilby@hotmail.com](mailto:ingilby@hotmail.com) or on 0425 233 300 to discuss further.

PETER WILLIAMS  
CHAIR, PROJECT CONTROL GROUP



## Annual General Meeting Postponed!

As a result of the COVID-19 restrictions the Board have taken the decision to delay the 2019-2020 Annual General Meeting (AGM). In line with the clubs' Constitution and the Associations Incorporation

Reform Act 2012, the club is applying for a three month extension of time with Consumer Affairs Victoria. This will mean that the club will have until the end of December 2020 to conduct the AGM. Office Bearers who were up for nomination will remain in their position until the AGM is convened when the restrictions have de-escalated further.

We are currently exploring various options of how to present the annual honours and awards for 2019/2020 and will provide further details soon.

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# HAVE YOU DONE YOUR 16+?

## HAVE A POSITIVE IMPACT ON YOUR CLUB

During May you would have seen our social media campaign focussing upon National Volunteer Week and the fantastic contributions that are made by our members in so many different areas.

We also started to share with you our 16+ campaign that we will be rolling out in season 2020/2021.

This initiative is designed to challenge all members over from the SRC group up to ensure that we all volunteer at least 16hrs of time to the surf club. As a 'members' club the experience that we all have is entirely determined by our individually and collectively give back to the Club

and the 16+ campaign will look to record, recognise and celebrate all aspects of volunteering within the Club.

To assist with this process we are currently looking to appoint several Volunteer Coordinators who will help us to run this program and to ensure that members, new and old, know how they can get involved with the Club. If you are interested in helping in this area please contact: [memberdevelopment@angleseasls.org.au](mailto:memberdevelopment@angleseasls.org.au)

We are already blessed to have a fantastic team of volunteers at the Club who give both time and skills to making the Club a place that people want to be at and although we may be busy with commitments elsewhere it is worth remembering that volunteering can;

- give you a sense of achievement and purpose
- help you feel part of a community
- help you feel better about yourself by improving your self-esteem and confidence
- help you share your skills, learn new skills and create a better work-life balance
- help combat stress, loneliness and social isolation, and depression
- help you meet new people, which can help you feel more connected and valued

**MATT TAYLOR** MEMBER DEVELOPMENT

Support our work by becoming a member



Anglesea Supporters Group are looking for new members!

The Anglesea SLSC Supporters group exists to support the activities of the club. Its activities are primarily directed at providing financial support to the club, development of surf sports activities and youth development programs and development of the Club's support for local youth and community activities.

Participation in the Supporters group activities is open to both existing ASLSC members and invitees over 18 years of age and Participation/membership is free of charge.

The Supporters group are looking for new people to get involved and would love to hear from you if you are interested. They would love to have some females involved in the group.

**Interested in Joining or Participating?**

Contact:

Secretary, John Turner on 0447 560 733

Chairman, Geoffrey Inman on 0408 336 370.

## From the CLUB CAPTAIN



### Race to Winter

Despite such an uncertain time, ASLSC members took to the tracks and trails, taking part in the inaugural Race to Winter Challenge. With nearly 60 competitors, over 15 days of competition, participants attempted to run or walk as many kilometres as they could with the first day of winter growing closer with each activity. Not only was it very entertaining watching the new-born rivalries between our members but also many getting involved in the weekly challenges. It was definitely great seeing the funky sock and Anglesea merchandise uniforms being worn on both our competitors and their furry friends. A big thank-you and well done to everyone who got involved, keeping ASLSC connections strong even during COVID-19 and the colder months.

**MARLI WILKINSON** CLUB CAPTAIN

## MEMBER PROFILE - Will Pereira



### How did you come to be a member of ASLSC?

I have three older sisters who participated in Anglesea Nippers and two very supportive parents. Following my sister's footsteps, I got involved in the U7's and worked my way through the program. Throughout my time as a Nipper I was inspired to one day pull on the yellow and red and become a patrolling member.

### What do you love about the surf club?

The surf club is one of my favourite places in Anglesea. What I love about the Club is that it is community orientated. The surf club has provided me with an opportunity to meet new people and develop skills away from the classroom environment. I have formed great friendships at the surf club and gained experience from some of the best lifesavers along the coast. I love getting involved in different events and opportunities provided by the Club. They are a great way to meet people from other clubs and get involved in the Anglesea community.

### What is your favourite place in Anglesea?

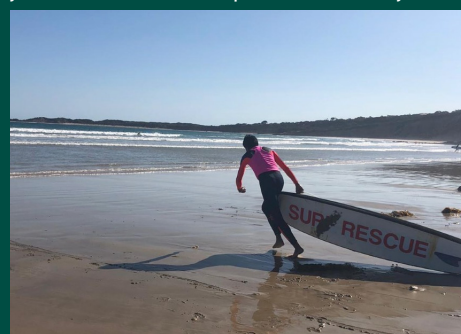
This question is like asking who is my favourite sister! However, I love walking along the track from Main Beach to Point Roadnight. From the lookouts along the way there are spectacular views from Main Beach all the way to the point. I think it is a unique way to see the beauty of Anglesea and its beaches. However lugging a surfboard along the path in the middle of summer can be a bit of a challenge!

### You got into a lot of different things over the summer - did you enjoy volunteering?

Having commenced as a Nipper I have received the full experience of the Anglesea Surf Life Saving Club. I always looked up to those that had responsibility on the beach and wanted to get further involved as I got older. Achieving my bronze medallion weeks before the official start of the season inspired me to get involved in the Club in any way possible. I loved the opportunity to join an Anglesea Surf Rescue. It was a great chance to refine my leadership skills while learning from some of the best lifesavers. I was also involved heavily in the water safety program, offering advice and tips for the next generation of lifesavers. On many occasions I was even pulled into line by some U10's who challenged me to a board race! I have loved the opportunity to be an Anglesea volunteer and look forward to continuing in the future.

### Tell us a bit about yourself

I am currently in year 10 at school in Melbourne. As you can guess, surf lifesaving is my favourite activity. When I am not on the beach, I enjoy road cycling, a bit of cricket and supporting the mighty Saints. Many of my weekends are spent working on my pilot's licence which I gained over the last three years.







With winter well and truly upon us, I can safely say the whole competitive group are looking ahead to next season – bring on summer! Needless to say, the clubhouse rebuild is a major focus for the club and it's getting closer and closer to where we can 'move in'. Soon there will be a call out for volunteers to assist with sorting out the equipment at the storage facility so we can confirm what will be stored in the new clubhouse. Please keep an ear out for this, as your help will be appreciated.

Without doubt the changes that COVID-19 has brought to our way of life will have an impact on how lifesaving carnivals are run in the future (ie. large numbers of people, close contact, etc). This is all being discussed at the highest levels and will be announced in coming weeks. Something else to look out for is our introduction of TeamApp to the competition group which will provide a direct means of communications for members. For TeamApp to work, we need everyone to get on board with it and 'join' when it is rolled out.

Whilst we're in the midst of winter, it's worth all members to consider if they would like to join in life-saving competition in some shape or form. Some may want to join and give competition a go and others (maybe parents or older members?) may want to look at becoming an official? Even if you have never 'competed', there's something for you in lifesaving. If you have any queries, please contact myself at [anglesearandr@gmail.com](mailto:anglesearandr@gmail.com) or any of the direct contacts listed on our website <https://www.angleseaslsclsc.org.au/contacts-details>

SAI DALE SURF SPORTS



## ASLSC Life Member Bernie Murray - Club Legend and Success Story!!

spoke fondly of great memories from the Waratah years. He was team manager there for three years. The Murray boys made the Victorian junior team during their time at Waratah Bay and Bernie took over as team manager/treasurer for five years. Lots of great memories!

The Murray's moved to Anglesea some 25/26 years ago so the boys could join a bigger and stronger club and he was immediately presented with the team managers job. Bernie did these for five years and thoroughly enjoyed every minute of it. In those days they took away about 130 competitors to the Australian titles. It was a pretty big job trying to organise accommodation, flights and get everybody up there but we got it done. "Mike Martin, John Turner and I spent many hours and evenings working out how we were going to get everybody up there and making sure that they all had the required patrol hours etc. All above board of course!"

Bernie has been an official for around 28 years and held all the jobs including 6 years as the Victorian Referee. He claims to have enjoyed 99% of those six years and the other 22. Helping competitors from under 8's to seniors develop their knowledge of rules etc has been enjoyable but noted 'of course not all of them stay within the rules.' Bernie still officiates but not so much on the beach anymore and certainly still enjoys the friendship that has been built up over the years. Bernie is a Life Member of Life Saving Victoria as

well as Anglesea SLSC.

Bernie is the original treasurer of the Supporters Group and said when the idea was first discussed with John Turner "I could see it was a great idea and a way to raise funds outside of what the club organises." Bernie is proud of what the Supporters Group has become, being a very strong cog within the Club. "Over our six years of existence we have raised many thousands of dollars and provided many items for club members - boards, skis, trailer that the club did not have to raise funds for."

Bernie thinks the new club house is looking terrific but pointed out that a new club house does not automatically mean a big jump in membership. "We still have a lot of work to do and this is being done, by a number of members, to get us back to where we should be - the number one Victorian team!"

Bernie finished the interview with a laugh and the following quote "There are many good and not so good stories to being a team manager for the nippers and Anglesea but I live by the rule - what happens on the trip stays on the trip!"

Thanks to Bernie for so many years of service to the ASLSC and what an inspiration he is with involvement for so many years.

## Anglesea SLSC Calendar!

Have a part of the surf club hanging in your house all year round!

Coming soon - a 12 month Anglesea SLSC calendar!

Look out for an opportunity to be involved in choosing the photos that will make each month.





# STARFISH NIPPERS

*Celebrating 10 years in season 20/21*

Anglesea Surf Life Saving Club is very proud to have created and implemented the first Starfish Nippers in Victoria; a modified nipper program for children and young adults with a disability which is run with our traditional program. Our Starfish Nippers Program caters for children and young adults ranging from 6 years and above with a disability - including autism, attention deficit disorder, Down's syndrome, physical and intellectual disabilities and learning difficulties. ASLSC believe everyone deserves access to Nippers. We spoke to Janet Jones to share the Programs beginnings:

## How did the concept for Starfish Nippers come about?

The Anglesea Surf Lifesaving Club president at the time, Naomi Symington, asked me if I could run a program for children with disabilities as part of our Nippers Program. Naomi had been to a State Life Saving Conference and a club was running a group alongside their Nipper Program. We decided to expand on their idea and developed lesson plans and a structured program for children with disabilities.

Our aim was to develop a program that children and young people with all abilities could have an opportunity to participate in and in 2011 we began Starfish Nippers. We wanted our participants to share the same experiences as other children in the traditional Nipper Program. We wanted to make sure they had the same uniform, were involved in the same activities and participated on the same days and at the same times. The only exceptions were that each Starfish Nipper would have a dedicated trainer and the activities were modified to the child's abilities. We came up with the name, Starfish because our Nippers are the 'stars of the sea' and we wanted a positive, inclusive name for the group.

Prior to setting up Starfish Nippers, I had trialled integrating a child with a disability into an age group with a trainer but the experience was too overwhelming for her so we decided we needed to set up another group which was smaller and could also include other children with disabilities.

As I was working at Ballarat Specialist School, I was familiar with individual learning plans and lesson plans so we developed resources and lesson plans specifically for our Starfish Nippers' needs.

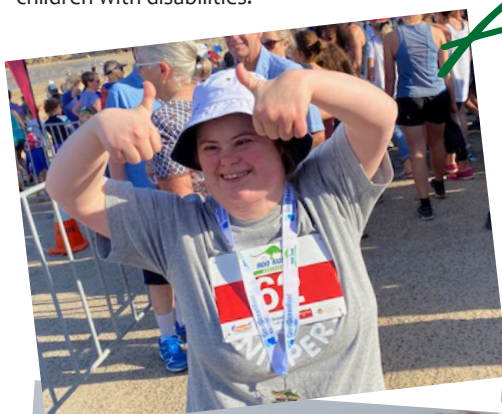
## Does someone in your family or close to you have a disability?

No, I just love all children especially those with a disability as I admire the way they don't complain, they are always honest, happy and never blame others.

## Why was it important for you to create a program that gives children and young adults the chance to experience the beach/water? Was there a particular instance where you noticed someone missing out or unable to join in because they had a disability?

I have a friend whose child (Anna) is the same age as my daughter and she couldn't take part in Nippers. It didn't seem fair that she had to stay at home and couldn't take part and enjoy the beach too. I tried to help her participate in a lower age group for a season but it was too overwhelming for her to take part.

*Anna Fisker*



Anna Fisker has been a Starfish Nipper since the program commenced in 2010 where she was one of about 6 participants. The program is now capped at 20 with each of the participants having a trainer to work with, sometimes two. Speaking recently with Anna's mother Susie it was evident the positive impact Starfish Nippers has had on the entire Fisker family.

Susie spoke of the connections that many of the families who have Starfish Nippers have developed over the years. A chance to speak with each other, share stories on the beautiful Anglesea beach with others who understand whilst their Starfish Nippers enjoy the beach.

The Starfish song is special for many of the Nippers involved and Susie mentioned Anna is always

wanting to get to the beach for the song and walking quickly to get there. This speed is reserved specially for walks to Starfish Nippers and is evidence of how much the program means to Anna. The participants through the program have a chance to socialise, make friends and enjoy the health and fitness benefits Starfish Nippers provides.

Anna has worked with the same trainer, Bronwyn Cameron for the past 10 years and Susie talked of the wonderful bond they share which has extended to the wider Cameron and Fisker family. Importantly Starfish Nippers also learn water safety skills and confidence in and around the surf. Anna loves all aspects of Nippers but particularly enjoys time spent on boards.

The presentations at the end of the program provide a valuable opportunity for the Starfish Nippers to speak if they wish too. This is incredible for the families to see their child or young adult having the confidence to speak to a group and feel such pride in doing this.

What a wonderful initiative and inclusive program developed by Janet Jones and Naomi Symington 10 years ago, something they and Anglesea Surf Life Saving Club should be so incredibly proud of. Thank you to all the families, trainers and other volunteers who have made Starfish Nippers a welcoming and safe environment over the past 10 years and we are all looking forward to the next 10 years!



# ANGLESEA SURF RESCUE (ASR)

Anglesea Surf Rescue (ASR) is a group of our most loyal and dedicated patrolling members. It is designed to ensure that Anglesea Main Beach is patrolled at all times during the volunteer patrol season, ensuring all awards are covered and LSV and SLSA minimum requirements are always met.

ASR is made up of 7 teams of dedicated lifesavers who are rostered throughout the season for an average of 40 hours each.

## ASR's Mission Statement:

- ASR to be regarded as a squad of highly qualified surf life savers dedicated to providing a safe aquatic environment for visitors to beaches for which Anglesea SLSC is responsible to ensure Anglesea SLSC is regarded as the premier all-round Surf Life Saving Club in Victoria.
- To achieve recognition from the Anglesea community and local government.
- To attract high-quality members who are looking beyond the surf lifesaving competition environment.

## ASR's Objectives:

- To provide Anglesea SLSC members with the opportunity to develop strong leadership and technical lifesaving skills.
- To foster friendships throughout the club

- To be continuously placed within the top five Victorian SLS Clubs each year in the Patrol Competition and top club in our district.
- To ensure Anglesea SLSC fulfils LSV patrol obligations and our 'duty of care'.

## Each ASR patrol structure includes:

- Patrol Captain
- Patrol Vice Captain
- IRB Driver
- IRB Crew
- ART
- Board/Tube Rescuers
- First Aid Operator
- Rookies

These roles all have specific duties. It is the responsibility of the patrol captain and each member to identify these and fulfil them each patrol. They can be found in the Patrol Captain, Vice Captain and mentor handbook. These roles focus around:

- Roles, duties and responsibilities
- Set up and pack up procedures
- On patrol training

If you would like more information on the ASR please contact the Director of Rescue Services.

**ELISE LANGFORD** RESCUE SERVICES

## BEACH SAFETY MESSAGE

Winter is finally upon us. If you're thinking of heading down to the beach don't forget the following:

1. Remember to always swim with a friend. During winter lifesavers are not on duty so always make sure you bring someone with you to look out for you.
2. If you get caught in a rip don't try to swim against it. Swim parallel to the beach out of the rip before returning to shore.
3. Slip, slop, slap even if it's overcast or raining.



## MEET OUR CAPTAINS



ASR 1 - Will Ronis



ASR 2 - Emily King



ASR 3 - Elise Langford



ASR 4 - Hugh Moodie



ASR 5 - Mason Schuabe



ASR 6 - Lachie Eaton



ASR 7 - Ed Mackay

# This year's Golf Day has been postponed.

# Stay tuned for updates.





# YOUTH DEVELOPMENT

## *Future Directions*



Youth dropout is increasingly commonplace both in surf clubs throughout Australia and in community sport in general, and Anglesea SLSC has not been immune. Maximising the number of our nippers who transition through to their Bronze Medallion and go on to become part of our club community is seen as one of our club's biggest challenges and highest priorities in the recent strategic review. Here, I would like to introduce some steps to start to reverse this trend for the upcoming season.

We acknowledge there is no easy nor simple solution to this challenge, the effect of new innovations will take time, and the influence of the current coronavirus epidemic will all require us to have patience in this objective. A central goal is that we continually highlight our strongly held belief and exemplify the considerable bi-directional benefits of being part of the Anglesea surf club, and that we remove barriers to retention and involvement, in whatever form that involvement may be. While the benefits of volunteerism for the volunteer and the community are well established, many of us have additionally embraced the lifelong, often intergenerational friendships that developed on the beach. The social network of the wider club and surf lifesaving community have supported and nurtured many of us in other aspects of our lives, including in study and career progression, and the sport and training opportunities have taken many of us all over our country and the world. These benefits

are worthy of promoting and pursuing for the next generation.

Strong friendships and connections often develop from shared, challenging experiences. To this end we will increase our offerings of fun, social and active events including age specific activities at the new clubhouse, making use of the numerous outdoor facilities available in Anglesea, and targeting non-traditional and non-competitive events and challenges within the region and beyond. Examples include our annual adventure race, training a team of youth swimmers to swim the rip between Point Lonsdale and Portsea, and team-based youth challenges such as the Coolangatta Gold. We will seek to make award training pathways more visible and strengthen links between SRC, Bronze and patrol groups, whilst looking to both foster new and strengthen established friendships at every opportunity.

We have a unique opportunity to highlight the journey of some highly successful current and former members of the club, including Olympians, industry leaders and innovative thinkers through career impact nights. We will more fully utilise the various camps, personal development and training opportunities offered by Life Saving Victoria (LSV), including U13, U15 and U18 leadership development camps. And for young members who would like to consider working in the hospitality industry, we will engage the new operators of the club function rooms and kiosk in developing opportunities to gain experience in

summer work experience programs. With the new clubhouse will come new social event options including a nipper and youth parent night, youth disco, club presentation night, and the creation of a designated youth space for members to congregate.

Surf sports provide further occasions to foster strong friendships, and this year we will host Club Training Days on (usually) the first weekend of each month starting in July, where we aim to combine varied, fun and challenging experiences that are targeted to small groups of members with comparable skills and fitness, at all times promoting the clubs values of community, inclusion and participation. Registration for these sessions will be through TeamApp and members are encouraged to indicate their preferences for activities so we can ensure appropriate equipment, coaches and water safety. Both our weekend training camp and September camps will likely be pandemic status dependent.

The next 12-24 months will be unprecedented and challenging in many aspects. It is my hope that the Anglesea surf club can make a meaningful contribution to our youth and nippers' personal development and resilience, for both their and the community's future benefit. Whatever unfolds, a hot shower, a hot or cold drink and a million-dollar view will be greatly appreciated.

**SAM HUME** YOUTH DEVELOPMENT